

District Camp – This weekend Friday to Monday

Please Drop off at Ardnally Scout Centre as close to 7pm as you can manage. Please be aware there may be a queue to drop kids and Equipment off.

Bikes should be brought to Ardnally, ideally with a bike lock. Participants will only be allowed to cycle if they wear a Cycle Helmet.

Please find Kit List – remember no Mobiles, MP3 Players etc

Bike	1pr Training Shoes	Large Towel
Bike Helmet – Compulsory for cycling	2 Changes of clothes	Optional – Wet Suit.
Rucksack or Kitbag	T-Shirt or top,	EXPLORERS – SEA
3 Season Sleeping Bag	trousers (tracksuit or Hiking trousers)	KAKAKING - Extra
Stuff Pillow	Sweat shirt / Fleece	Advice is for warm clothes
Camping Mat		again no cotton
Waterproof Coat and Over Trousers	Clothes to get Wet and Muddy – Avoid Cotton or Denim	Polyester Fleece
Suggest Hiking Boots for general camp wear.	including	Polyester Jogging Bottoms or similar
Head Torch or similar	wet shoes or old trainers	Polyester T-shirt
Wash Kit	Polyester fleece	Wool socks (hiking socks ideal)
2 of Towels	Polyester jogging Bottoms	wet shoes
Plate / Bowl	Thermal polyester T-Shirt or Top	Change of clothes
Knife, Fork & Spoon or Spork	Black Bin Bag to store wet clothes	Dry Bag if you have one.
Personal Water Bottle	Day Bag with change of clothes	A water-sports top will be provided if you don't have your own.
Full Uniform – for Scouts own, etc		
4prs of Underwear & socks		

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